



FALL 2019

# FOR THE KIDS

## QUARTERLY

A Note From  
A Friend

Backpack  
Drive

Trauma to  
Hope

Become a  
Mentor

## A Note From A Friend

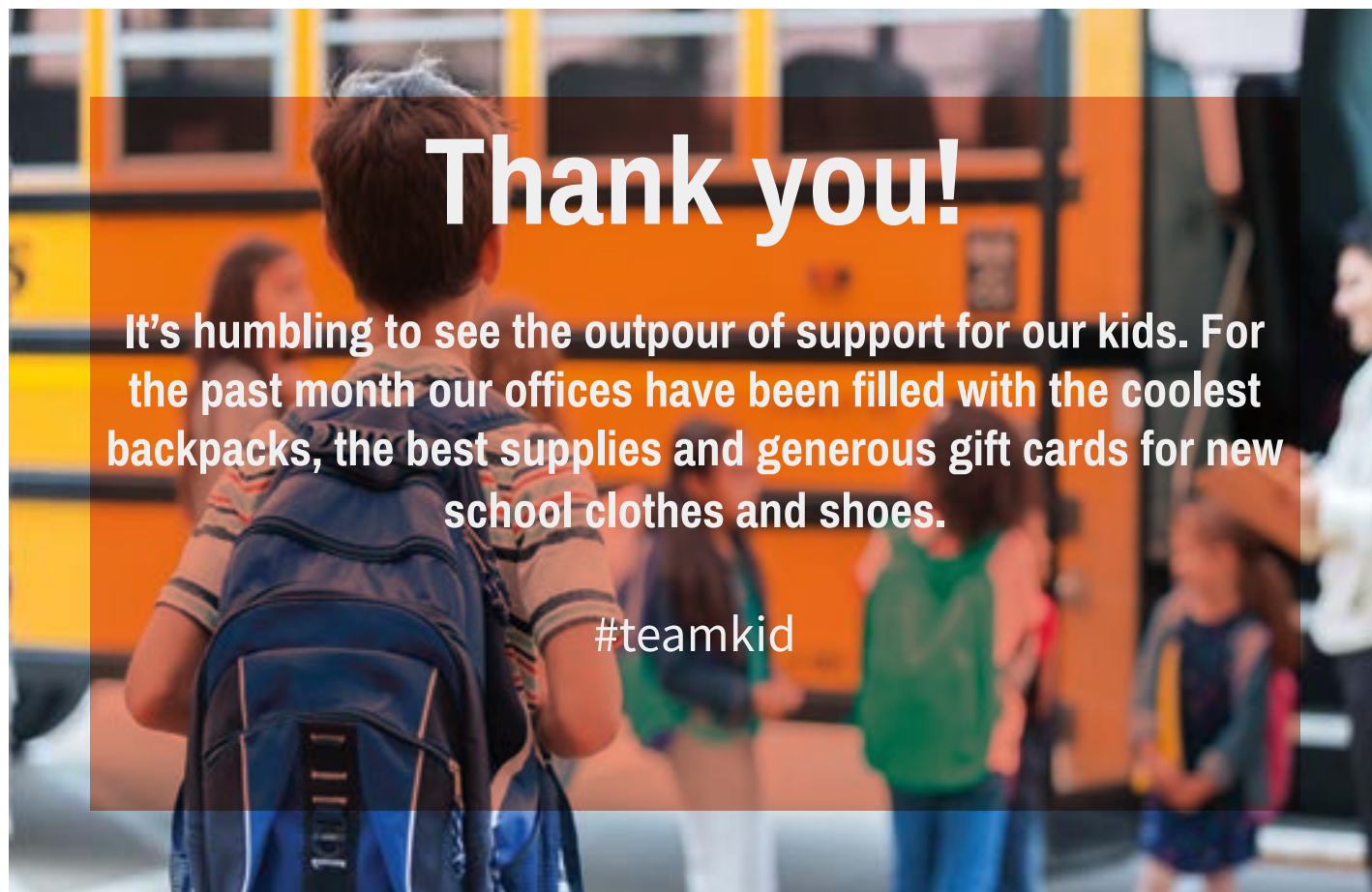
Backpacks, number #2 pencils, crayons, Ti-84 plus calculators, new shoes, haircuts – all things we think about when we hear the words “Back to School”. I don’t know about you, but I’ve been running all over town getting my kids ready for the new school year. With one in high school and another in 4th grade, while they may be different, each has things they need to walk into the classroom prepared and confident. That is equally (if not more) true for Project Hope Alliance’s children & youth experiencing homelessness. THANK YOU for running all over town getting THEM ready for the new school year.

“None of us, including me, ever do great things. But we can all do small things with great love, and together we can do something wonderful.”  
Mother Teresa

Together we each have done small things with great love that translate into the wonderfully big impact of allowing for our kids

experiencing homelessness to walk into the classroom this year feeling confident, prepared, seen and above all, loved. Our togetherness makes us strong and mighty. It allows for us to have a far greater impact than we could ever have alone. This is true for Team Kid, our community, our corporate partners and our nonprofit partners. Each of us has unique gifts, resources and abilities that when we join them, collectively are ending the cycle of homelessness, one child at a time. Without a doubt, together is better.

For the kids,  
Jennifer Friend



# Thank you!

It's humbling to see the outpour of support for our kids. For the past month our offices have been filled with the coolest backpacks, the best supplies and generous gift cards for new school clothes and shoes.

#teamkid

## FROM TRAUMA TO HOPE

Homelessness is both a source and symptom of trauma. At Project Hope Alliance we utilize a trauma informed approach in our work with our children and youth. Current research on adverse childhood experiences (ACEs) has greatly informed our approach in working with those who have experienced trauma. We know that positive support and individualized interventions can optimistically alter the life trajectory of our children and youth. We approach our work with open-mindedness and compassion. We recognize the widespread impact of trauma and its pervasiveness on the social, emotional, mental, physical and spiritual well-being of those we serve.

Our approach creates a welcoming environment, one which fosters safety, trust, healing and empowerment. We are more than service providers; we are advocates, mentors, stable trusted adults and disruptors to the adverse experiences brought on by childhood homelessness.

Tiffany Mitchell, Psy.D  
Director of Youth  
and Family Stability



# Graduation Self Esteem HOPE

What a MENTOR inspires.

**BECOME A MENTOR**

**Our students are in need of positive role models. Help us match every youth at Project Hope Alliance with a volunteer mentor.**

**Visit our site for more information.  
[projecthopealliance.org/getinvolved](http://projecthopealliance.org/getinvolved)**

-----✂ Visit [www.projecthopealliance.org/donate](http://www.projecthopealliance.org/donate)

Name \_\_\_\_\_

\$25

Address \_\_\_\_\_

\$50

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\$100

Phone (    ) \_\_\_\_\_

\$150

Email \_\_\_\_\_

Check Enclosed    Visa    Mastercard    AmEx    Discover

Amount \$ \_\_\_\_\_

Credit Card # \_\_\_\_\_ Exp Date \_\_\_\_\_ Security Code \_\_\_\_\_